

Friday, July 16, 2021

* **OPENING CALL TO PRAISE AND PRAYER**

O God, open our lips,
and our mouths shall proclaim your praise.
From the rising of the sun to its setting,
we praise your name, O God.

* **REMEMBRANCE OF BAPTISM**

By Word and water God renews us this day
in the living fountain of God's grace,
and raises us with Christ Jesus
to live a new life in the Spirit. * OSL
***Satisfy us in the morning
with your steadfast love, O God,
that we may sing for joy and be glad all our days.***

* **MORNING CANTICLE** - *The First Song of Isaiah*

Surely, it is God who saves me;
I will trust in him and not be afraid.
***For the Lord is my stronghold and my sure defense,
and he will be my Savior.***
Therefore you shall draw water with rejoicing
from the springs of salvation.
And on that day you shall say,

Give thanks to the Lord and call upon his Name;

Make his deeds known among the peoples;

see that they remember that his Name is exalted.

***Sing the praises of the Lord, for he has done great
things, and this is known in all the world.***

Cry aloud, inhabitants of Zion, ring out your joy,

for the great one in the midst of you

is the Holy One of Israel.

Isaiah 12:2-6

* **MORNING PRAYER**

The Holy One* be with you;

And also with you.

Let us pray:

***Give us, O Lord, steadfast hearts, which no unworthy
thought can drag downward, unconquered hearts, which
no tribulation can wear out, upright hearts, which no
unworthy purpose may tempt aside. Bestow upon us
also, O Lord our God, understanding to know you,
diligence to seek you, wisdom to find you, and a
faithfulness that may finally embrace you; through
Jesus Christ our Lord. Amen.***

(SAINT THOMAS, ITALY, 13TH CENT.)

* **WORD: 1 Samuel 21:1-15** NRSV

David came to Nob to the priest Ahimelech. Ahimelech came trembling to meet David, and said to him, “Why are you alone, and no one with you?”² David said to the priest Ahimelech, “The king has charged me with a matter, and said to me, ‘No one must know anything of the matter about which I send you, and with which I have charged you.’ I have made an appointment with the young men for such and such a place.”³ Now then, what have you at hand? Give me five loaves of bread, or whatever is here.”⁴ The priest answered David, “I have no ordinary bread at hand, only holy bread—provided that the young men have kept themselves from women.”⁵ David answered the priest, “Indeed women have been kept from us as always when I go on an expedition; the vessels of the young men are holy even when it is a common journey; how much more today will their vessels be holy?”⁶ So the priest gave him the holy bread; for there was no bread there except the bread of the Presence, which is removed from before the LORD, to be replaced by hot bread on the day it is taken away.

⁷ Now a certain man of the servants of Saul was there that day, detained before the LORD; his name was Doeg the Edomite, the chief of Saul’s shepherds.

⁸ David said to Ahimelech, “Is there no spear or sword here with you? I did not bring my sword or my weapons with me,

because the king’s business required haste.”⁹ The priest said, “The sword of Goliath the Philistine, whom you killed in the valley of Elah, is here wrapped in a cloth behind the ephod; if you will take that, take it, for there is none here except that one.” David said, “There is none like it; give it to me.”

¹⁰ David rose and fled that day from Saul; he went to King Achish of Gath. ¹¹ The servants of Achish said to him, “Is this not David the king of the land? Did they not sing to one another of him in dances,

‘Saul has killed his thousands,
and David his ten thousands?’”

¹² David took these words to heart and was very much afraid of King Achish of Gath. ¹³ So he changed his behavior before them; he pretended to be mad when in their presence. He scratched marks on the doors of the gate, and let his spittle run down his beard. ¹⁴ Achish said to his servants, “Look, you see the man is mad; why then have you brought him to me? ¹⁵ Do I lack madmen, that you have brought this fellow to play the madman in my presence? Shall this fellow come into my house?”

Holy wisdom, holy word.

Thanks be to God!

* SILENCE FOR REFLECTION

* [Psalm 31](#) NRSV

***Into your hand I commit my spirit;
you have redeemed me, O LORD, faithful God.***

In you, O LORD, I seek refuge;
do not let me ever be put to shame;
in your righteousness deliver me.

² Incline your ear to me;
rescue me speedily.

Be a rock of refuge for me,
a strong fortress to save me.

³ You are indeed my rock and my fortress;
for your name's sake lead me and guide me,

⁴ take me out of the net that is hidden for me,
for you are my refuge.

⁵ Into your hand I commit my spirit;
you have redeemed me, O LORD, faithful God.

⁶ You hate those who pay regard to worthless idols,
but I trust in the LORD.

⁷ I will exult and rejoice in your steadfast love,
because you have seen my affliction;
you have taken heed of my adversities,

⁸ and have not delivered me into the hand of the enemy;
you have set my feet in a broad place.

⁹ Be gracious to me, O LORD, for I am in distress;
my eye wastes away from grief,
my soul and body also.

¹⁰ For my life is spent with sorrow,
and my years with sighing;
my strength fails because of my misery,
and my bones waste away.

¹¹ I am the scorn of all my adversaries,
a horror to my neighbors,
an object of dread to my acquaintances;
those who see me in the street flee from me.

¹² I have passed out of mind like one who is dead;
I have become like a broken vessel.

¹³ For I hear the whispering of many—
terror all around!—

as they scheme together against me,
as they plot to take my life.

¹⁴ But I trust in you, O LORD;
I say, "You are my God."

¹⁵ My times are in your hand;
deliver me from the hand of my enemies and persecutors.

¹⁶ Let your face shine upon your servant;

save me in your steadfast love.

¹⁷ Do not let me be put to shame, O LORD,
for I call on you;

let the wicked be put to shame;

let them go dumbfounded to Sheol.

¹⁸ Let the lying lips be stilled
that speak insolently against the righteous
with pride and contempt.

¹⁹ O how abundant is your goodness
that you have laid up for those who fear you,
and accomplished for those who take refuge in you,
in the sight of everyone!

²⁰ In the shelter of your presence you hide them
from human plots;
you hold them safe under your shelter
from contentious tongues.

²¹ Blessed be the LORD,
for he has wondrously shown his steadfast love to me
when I was beset as a city under siege.

²² I had said in my alarm,
“I am driven far from your sight.”
But you heard my supplications
when I cried out to you for help.

²³ Love the LORD, all you his saints.

The LORD preserves the faithful,
but abundantly repays the one who acts haughtily.

²⁴ Be strong, and let your heart take courage,
all you who wait for the LORD.

Glory to you, O Trinity, most holy and *blessed*,
one God, now and for-ever, *A-men*.

***Into your hand I commit my spirit;
you have redeemed me, O LORD, faithful God.***

* SILENCE FOR REFLECTION

* **WORD: Mark 3:7-19a** NRSV

⁷ Jesus departed with his disciples to the sea, and a great multitude from Galilee followed him; ⁸ hearing all that he was doing, they came to him in great numbers from Judea, Jerusalem, Idumea, beyond the Jordan, and the region around Tyre and Sidon. ⁹ He told his disciples to have a boat ready for him because of the crowd, so that they would not crush him; ¹⁰ for he had cured many, so that all who had diseases pressed upon him to touch him. ¹¹ Whenever the unclean spirits saw him, they fell down before him and shouted, “You are the Son of God!” ¹² But he sternly ordered them not to make him known.

¹³ He went up the mountain and called to him those whom he wanted, and they came to him. ¹⁴ And he appointed twelve, whom he also named apostles, to be with him, and to be sent out to proclaim the message, ¹⁵ and to have authority to cast out demons. ¹⁶ So he appointed the twelve: Simon (to whom he gave the name Peter); ¹⁷ James son of Zebedee and John the brother of James (to whom he gave the name Boanerges, that is, Sons of Thunder); ¹⁸ and Andrew, and Philip, and Bartholomew, and Matthew, and Thomas, and James son of Alphaeus, and Thaddaeus, and Simon the Cananaean, ¹⁹ and Judas Iscariot, who betrayed him.

Holy wisdom, holy word.

Thanks be to God!

* SILENCE FOR REFLECTION

* **CANTICLE OF ZECHARIAH**

We bless you, Adonai, God of *Israel*,
for you come to visit us and ransom us from *bondage*.

You have brought forth a strong *De-liverer*
in the house of your child *David*.

This is what your holy prophets *an-nounced*:
deliverance from enemies and from the hand
of all who hate *us*;

mercy a-mong our *ancestors*,
and remembrance of your ho-ly *covenant*.

This is the promise you swore to our an-cestor, *Abraham*,
to make us un-a-fraid,
to rescue us from our *enemies*,
to serve before you, holy and just, all the days of our *lives*.

And this, my little child,
shall be called prophet of the Most *High*,
going before you, Adonai, to pre-pare your *paths*,
making your people know *de-liverance*
by the forgiveness of their *sins*.

Through your merciful compassions, God our *God*,
the dawn from on high shall *visit us*,
to shine on those kept in dungeons

and the shadows of *death*

and to guide our feet onto the path of *peace*. LUKE 1:68-79

Glory to you, O Trinity, most holy and *blessed*,
one God, now and for-ever, *A-men*.

* **THE APOSTLE'S CREED**

***I believe in God,
the Father Almighty,
maker of heaven and earth.***

***And in Jesus Christ,
his only Son, our Lord;
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
the third day he rose from the dead;
he ascended into heaven,
and sits at the right hand
of the Father Almighty.
From there he shall come again to judge
the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.***

* SILENCE FOR REFLECTION

* **PRAYERS**

The Holy One be with you,
and also with you.

Let us pray: *(stop and pray for those on your heart today)*

* FOR A SICK PERSON

O Father of mercies and God of all comfort, our only help in time of need: We humbly ask you to recognize, visit, and relieve your sick servants for whom our prayers are desired. Look upon them with the eyes of your mercy; comfort them with a sense of your goodness; preserve them from the temptations of the enemy; and give them patience under their affliction. In your good time, restore them to health, and enable them to live the remainder of their lives in your awe, and to your glory; and grant that finally they may dwell with you in life everlasting; through Jesus Christ our Lord. Amen.

* FOR VOCATION IN DAILY WORK

Almighty God our heavenly Father, you declare your glory and show forth your handiwork in the heavens and in the earth: Deliver us in our various occupations from the service of self alone, that we may do the work you give us to do in truth and beauty and for the common good; for the sake of him who came among us as one who serves, your Son Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

* OF THE REIGN OF CHRIST

Almighty and everlasting God, whose will it is to restore all things in your well-beloved Son, the King of kings and Lord of lords: Mercifully grant that the peoples of the earth, divided and enslaved by sin, may be freed and brought together under his most gracious rule; who lives and reigns with you and the Holy Spirit, one God, now and for ever.

Amen.

* FOR GUIDANCE

O God, by whom the meek are guided in judgment, and light rises up in darkness for the godly: Grant us, in all our doubts and uncertainties, the grace to ask what you would have us to do, that the Spirit of wisdom may save us from all false choices, and that in your light we may see light, and in your straight path may not stumble; through Jesus Christ our Lord. **Amen.**

* **THE LORD'S PRAYER**

***Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins***

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power,

and the glory are yours

now and forever. Amen.

* COLLECT FOR FRIDAY

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ our Lord. Amen.

* COLLECT OF THE WEEK

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

* PRAYER OF JOHN CHRYSOSTOM

Almighty God, you have given us grace at this time with one accord to make our common supplication to you;

and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. **Amen.**

* **CONCLUDING PRAYER**

Lord God, almighty and everlasting Father,
You have brought us in safety to this new day:
preserve us with your mighty power,
that we may not fall into sin,
nor be overcome by adversity;
and in all we do direct us to the fulfilling of your purpose,
through Jesus Christ our Lord. **Amen.**

* **BLESSING**

“But blessed are those who trust in the Lord
and have made the Lord their hope and confidence.
They are like trees planted along a riverbank,
with roots that reach deep into the water.
Such trees are not bothered by the heat
or worried by long months of drought.
Their leaves stay green,
and they never stop producing fruit.” **Amen.** Jeremiah 17:7-8

Morning Prayer

A ministry of the faithful at
Elwood United Methodist Church

Unless otherwise noted, prayers used in morning prayer recordings are from the *Book of Common Prayer* under public domain.

All biographical information and prayers cited * **For All the Saints** are;
“Reprinted from *For All the Saints: A Calendar of Commemorations for United Methodists*, 2nd edition, editor Heather Josselyn-Cranson, © 2013 by the Order of Saint Luke. Used by permission.”

All prayers cited * **OSL** are;
“Reprinted from *The Book of OFFICES and SERVICES of The Order of Saint Luke*, © 2012 by The Order of Saint Luke. Used by permission of OSL Publications.”

All collects cited * **Holy Women, Holy Men** are reprinted from *Holy Women, Holy Men: Celebrating the Saints* Copyright © 2010 by The Church Pension Fund

All collects cited * **Lesser Feasts and Fasts** are reprinted from *Lesser Feasts and Fasts 2006* Copyright © 2010 by The Church Pension Fund