Thursday, October 8, 2020

+ OPENING CALL TO PRAISE AND PRAYER

O God, open our lips,

and our mouths shall proclaim your praise.

From the rising of the sun to its setting,

we praise your name, O God.

+ REMEMBRANCE OF BAPTISM

(Water may be touched, poured or sprinkled.)
By Word and water God renews us this day
in the living fountain of God's grace,
and raises us with Christ Jesus to live
a new life in the Spirit.

Satisfy us in the morning with your steadfast love,
O God, that we may sing for joy
and be glad all our days.

PSALM 90:14

+ MORNING HYMN OR CANTICLE

Come, let us sing to the <u>Ho</u>-ly *One*; * let us shout for joy to the Rock of our sal-*vation*.

Let us come before God's presence with thanks-giving,*

and raise a loud shout with psalms.

For you, O God, are a great God,*

you are great a-bove all gods.

In your hand are the <u>caverns</u> of the *earth*,* and the heights of the hills are yours *also*.

The sea is yours, <u>for</u> you *made it*,* and your hands have molded <u>the</u> dry *land*. Come, let us bow down and <u>bend</u> the *knee*,* and kneel before <u>God</u>, our *Maker*.

For you are our God,
and we are the people of your pasture
and the sheep of your hand.*

Oh, that today we would hearken to your voice!

PSALM 95:1-7

+ MORNING PRAYER

The Holy One* be with you;

And also with you.

Let us pray:

Dawn from on high,

Your light illumines all our days.

Awaken us to your visitations throughout this day.

Be merciful in us for the sake of others.

Make us fearless when confronting injustice and need, that we may give you glory in the power of the Spirit.

Amen.

OSL

+ Psalm 23 CEV

Antiphon:

You treat me to a feast, while my enemies watch.
You honor me as your guest,
and you fill my cup until it overflows.

You, LORD, are my shepherd.

I will never be in need.

You let me rest in fields of green grass.

You lead me to streams of peaceful water,

³ and you refresh my life.

You are true to your name, and you lead me along the right paths.

4 I may walk through valleys as dark as death, but I won't be afraid.

You are with me, and your shepherd's rod makes me feel safe.

⁵ You treat me to a feast,
while my enemies watch.
You honor me as your guest,
and you fill my cup
until it overflows.

⁶ Your kindness and love
will always be with me

each day of my life, and I will live forever in your house, LORD.

Glory to you, O Trinity, most <u>holy</u> and *blessed*, one God, now and for-<u>ever</u>, A-men.

You treat me to a feast, while my enemies watch.
You honor me as your guest,
and you fill my cup until it overflows.

Silence

+ WORD: 1 Peter 5:1-5, 12-14

Church leaders, I am writing to encourage you. I too am a leader, as well as a witness to Christ's suffering, and I will share in his glory when it is shown to us.

² Just as shepherds watch over their sheep, you must watch over everyone God has placed in your care. Do it willingly in order to please God, and not simply because you think you must. Let it be something you want to do, instead of something you do merely to make money.

³ Don't be bossy to those people who are in your care, but set an example for them. ⁴ Then when Christ the Chief Shepherd returns, you will be given a crown that will never lose its glory.

⁵ All of you young people should obey your elders. In fact, everyone should be humble toward everyone else. The Scriptures say,

"God opposes proud people, but he helps everyone who is humble."

¹² Silvanus helped me write this short letter, and I consider him a faithful follower of the Lord. I wanted to encourage you and tell you how kind God really is, so that you will keep on having faith in him.

¹³ Greetings from the Lord's followers in Babylon. They are God's chosen ones.

Mark, who is like a son to me, sends his greetings too.

¹⁴ Give each other a warm greeting. I pray that God will give peace to everyone who belongs to Christ.

Holy wisdom, holy word. *Thanks be to God!*

+SILENCE FOR REFLECTION

+ CANTICLE OF ZECHARIAH

We bless you, Adonai, <u>God</u> of *Israel*, for you come to visit us and ransom <u>us</u> from *bondage*. You have brought forth a <u>strong</u> De-*liverer* in the house of <u>your</u> child *David*.

This is what your holy <u>prophets</u> an-nounced: deliverance from enemies and from the hand of <u>all</u> who hate *us*; mercy a-mong our *ancestors*, and remembrance of your <u>ho</u>-ly *covenant*.

This is the promise
you swore to our <u>an</u>-cestor, *Abraham*,
to make us <u>un</u>-a-*fraid*,
to rescue us <u>from</u> our *enemies*,
to serve before you, holy and just,
all the days <u>of</u> our *lives*.

And this, my little child, shall be called prophet of <u>the Most High</u>, going before you, Adonai, to pre-<u>pare</u> your *paths*, making your people <u>know</u> de-*liverance*

by the forgiveness <u>of</u> their *sins*.

Through your merciful compassions, <u>God</u> our <u>God</u>, the dawn from on <u>high</u> shall *visit us*, to shine on those kept in dungeons and the <u>shadows</u> of <u>death</u> and to guide our feet onto the path of <u>peace</u>.

LUKE 1:68-79

Glory to you, O Trinity, most <u>holy</u> and *blessed*, one God, now and for-<u>ever</u>, A-*men*.

+ A READING FOR MEDITATION AND REFLECTION:

"Beware you be not swallowed up in books! An ounce of love is worth a pound of knowledge."

— John Wesley, Letters of John Wesley

Silent reflection

+ PRAYERS

The Holy One be with you, and also with you.

Let us pray:

+ SILENT PRAYER

Requests known to you

+ PRAYER FOR RECOVERY OF SICKNESS

O God, the strength of the weak and the comfort of sufferers: Mercifully accept our prayers, and grant to those we pray for this day, the help of your power, that their sickness may be turned into health, and our sorrow into joy; through Jesus Christ our Lord.

Amen.

+ COLLECT OF THE WEEK

Almighty and everlasting God, you are always more ready to hear than we to pray, and to give more than we either desire or deserve: Pour upon us the abundance of your mercy, forgiving us those things of which our conscience is afraid, and giving us those good things for which we are not worthy to ask, except through the merits and mediation of Jesus Christ our Savior; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

+ PRAYERS FOR TRAVELLERS

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who must travel in this time of pandemic; surround them with your loving care; protect them from every danger; and bring them in safety to their journey's end; through Jesus Christ our Lord. Amen.

+ PRAYER FOR HEROIC SERVICE

O Judge of the nations, we remember before you with grateful hearts the men and women of our country who in the day of decision ventured much for the liberties we now enjoy. Grant that we may not rest until all the people of this land share the benefits of true freedom and gladly accept its disciplines. This we ask in the Name of Jesus Christ our Lord. Amen.

+ THE LORD'S PRAYER

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power, and the glory are yours
now and forever. Amen.

+ CONCLUDING PRAYER

Lord God, almighty and everlasting Father,
You have brought us in safety to this new day:
preserve us with your mighty power,
that we may not fall into sin,
nor be overcome by adversity;
and in all we do direct us to the fulfilling of your purpose,
through Jesus Christ our Lord. *Amen*.

+ BLESSING

God be in your head, and in your understanding.

God be in your eyes, and in your looking.

God be in your mouth, and in your speaking.

God be in your heart, and in your thinking.

God be at your end, and at your departing.

(SARUM LITURGY, ENGLAND, 13TH CENT., ALT.)

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