

10/2/20

Friday, October 2, 2020

+ **OPENING CALL TO PRAISE AND PRAYER**

O God, open our lips,  
**and our mouths shall proclaim your praise.**  
From the rising of the sun to its setting,  
**we praise your name, O God.**

[ADAPTED FROM PSALM 51:15 AND 113:3]

+ **REMEMBRANCE OF BAPTISM**

(Water may be touched, poured or sprinkled.)

By Word and water God renews us this day  
in the living fountain of God's grace,  
and raises us with Christ Jesus to live  
a new life in the Spirit.

**Satisfy us in the morning with your steadfast love,  
O God, that we may sing for joy  
and be glad all our days.**

[PSALM 90:14]

+ **MORNING HYMN OR CANTICLE**

Come, let us sing to the Ho-ly One; \*  
let us shout for joy to the Rock of our sal-va-tion.

**Let us come before God's presence with thanks-giving,\***

and raise a loud shout with *psalms*.

For you, O God, are a great God,\*

***you are great a-bove all gods.***

In your hand are the caverns of the *earth*,\*

and the heights of the hills are yours also.

***The sea is yours, for you made it,\****

and your hands have molded the dry land.

Come, let us bow down and bend the *knee*,\*

***and kneel before God, our Maker.***

For you are our God,

and we are the people of your pasture

***and the sheep of your hand.\****

Oh, that today we would hearken to your voice!

[PSALM 95:1-7 (OSH PSALTER)]

+ **MORNING PRAYER**

The Holy One\* be with you;

***And also with you.***

Let us pray:

10/2/20

Give us, O Lord, steadfast hearts, which no unworthy thought can drag downward, unconquered hearts, which no tribulation can wear out, upright hearts, which no unworthy purpose may tempt aside. Bestow upon us also, O Lord our God, understanding to know you, diligence to seek you, wisdom to find you, and a faithfulness that may finally embrace you; through Jesus Christ our Lord. Amen.

(SAINT THOMAS, ITALY, 13TH CENT., ALT.)

**+ Psalm 80:7-15** CEV

Antiphon:

***Lord God All-Powerful, make us strong again!  
Smile on us and save us.***

<sup>7</sup> But if you smile on us,  
we will be saved.

<sup>8</sup> We were like a grapevine you brought out of Egypt.  
You chased other nations away and planted us here.

<sup>9</sup> Then you cleared the ground,  
and we put our roots deep, spreading over the land.

<sup>10</sup> Shade from this vine covered the mountains.

Its branches climbed the mighty cedars

<sup>11</sup> and stretched to the sea;

its new growth reached to the river.

<sup>12</sup> Our Lord, why have you torn down the wall  
from around the vineyard?

You let everyone who walks by pick the grapes.

<sup>13</sup> Now the vine is gobbled down  
by pigs from the forest and other wild animals.

<sup>14</sup> God All-Powerful, please do something!

Look down from heaven

and see what's happening to this vine.

<sup>15</sup> With your own hands you planted its roots,  
and you raised it as your very own.

Glory to you, O Trinity, most holy and *blessed*,  
one God, now and for-ever, *A-men*.

***Lord God All-Powerful, make us strong again!  
Smile on us and save us.***

Silence

10/2/20

+ **WORD:** Philippians 2:14-18 CEV

<sup>14</sup> Do everything without grumbling or arguing. <sup>15</sup> Then you will be the pure and innocent children of God. You live among people who are crooked and evil, but you must not do anything that they can say is wrong. Try to shine as lights among the people of this world, <sup>16</sup> as you hold firmly to the message that gives life. Then on the day when Christ returns, I can take pride in you. I can also know that my work and efforts were not useless. <sup>17</sup> Your faith in the Lord and your service are like a sacrifice offered to him. And my own blood may have to be poured out with the sacrifice. If this happens, I will be glad and rejoice with you. <sup>18</sup> In the same way, you should be glad and rejoice with me.

Holy wisdom, holy word.  
**Thanks be to God!**

+SILENCE FOR REFLECTION

+ **CANTICLE OF ZECHARIAH**

We bless you, Adonai, God of *Israel*,  
for you come to visit us and ransom us from *bondage*.  
You have brought forth a strong De-liverer  
in the house of your child *David*.

**This is what your holy prophets an-nounced:  
deliverance from enemies  
and from the hand of all who hate *us*;  
mercy a-mong our *ancestors*,  
and remembrance of your ho-ly covenant.**

This is the promise you swore

to our an-cestor, *Abraham*,  
to make us un-a-*fraid*,  
to rescue us from our *enemies*,  
to serve before you, holy and just,  
all the days of our *lives*.

**And this, my little child,  
shall be called prophet of the Most *High*,  
going before you, Adonai, to pre-pare your *paths*,  
making your people know de-liverance  
by the forgiveness of their *sins*.**

**Through your merciful compassions, God our *God*,**

**the dawn from on high shall *visit us*,  
to shine on those kept in dungeons  
and the shadows of death  
and to guide our feet onto the path of peace.**

[LUKE 1:68-79; TBE, ALT., OSL]

Glory to you, O Trinity, most holy and *blessed*,  
one God, now and for-ever, *A-men*.

**+ A READING FOR MEDITATION AND REFLECTION:**

“Humanity, take a good look at yourself. Inside, you’ve  
got heaven and earth, and all of creation. You’re a  
world—everything is hidden in you.”

**Hildegard of Bingen**

Silent reflection

**+ PRAYERS**

The Holy One be with you,  
***and also with you.***

Let us pray:

**+ SILENT PRAYER**

Requests known to you

**+ FOR A SICK PERSON**

O Father of mercies and God of all comfort, our only  
help in time of need: We humbly beseech you to behold,  
visit, and relieve your sick servants for whom our prayers  
are desired. Look upon them with the eyes of your  
mercy; comfort them with a sense of your goodness;  
preserve them from the temptations of the enemy; and  
give them patience under their affliction. In your good  
time, restore them to health, and enable them to lead the  
residue of their lives in your awe, and to your glory; and  
grant that finally they may dwell with you in life  
everlasting; through Jesus Christ our Lord. Amen.

[BOOK OF COMMON PRAYER]

**+ COLLECT OF THE WEEK**

***O God, you declare your almighty power chiefly in  
showing mercy and pity: Grant us the fullness of  
your grace, that we, running to obtain your***

***promises, may become partakers of your heavenly treasure; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.***

[BOOK OF COMMON PRAYER]

+ PRAYER FOR YOUNG PERSONS

God our Father, you see your children growing up in an unsteady and confusing world: Show them that your ways give more life than the ways of the world, and that following you is better than chasing after selfish goals. Help them to take failure, not as a measure of their worth, but as a chance for a new start. Give them strength to hold their faith in you, and to keep alive their joy in your creation; through Jesus Christ our Lord. Amen.

[BOOK OF COMMON PRAYER]

+ PRAYER FOR GUIDANCE

O God, by whom the meek are guided in judgment, and light rises up in darkness for the godly: Grant us, in all

our doubts and uncertainties, the grace to ask what you would have us to do, that the Spirit of wisdom may save us from all false choices, and that in your light we may see light, and in your straight path may not stumble; through Jesus Christ our Lord. ***Amen.***

+ COLLECT OF THE HOLY CROSS for Fridays

***Almighty God, whose beloved Son willingly endured the agony and shame of the cross for our redemption: Give us courage to take up our cross and follow him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.***

[BOOK OF COMMON PRAYER]

10/2/20

+ **THE LORD'S PRAYER**

*Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and forever. Amen.*

+ **CONCLUDING PRAYER**

Lord God, almighty and everlasting Father,  
You have brought us in safety to this new day:  
preserve us with your mighty power,  
that we may not fall into sin,  
nor be overcome by adversity;  
and in all we do direct us to the fulfilling of your purpose,  
through Jesus Christ our Lord. **Amen.**

[BOOK OF COMMON PRAYER]

+ **BLESSING**

May God grant that you may be strengthened in your inner being with power through his Spirit, <sup>17</sup> and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love.

Ephesians 3:16-17