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Wednesday, August 12, 2020

+ **OPENING CALL TO PRAISE AND PRAYER**

O God, open our lips,
and our mouths shall proclaim your praise.
From the rising of the sun to its setting,
we praise your name, O God.

[ADAPTED FROM PSALM 51:15 AND 113:3]

+ **REMEMBRANCE OF BAPTISM**

(Water may be touched, poured or sprinkled.)

By Word and water God renews us this day
in the living fountain of God's grace,
and raises us with Christ Jesus
to live a new life in the Spirit.
Satisfy us in the morning
with your steadfast love, O God,
that we may sing for joy and be glad all our days.

[PSALM 90:14]

+ **MORNING HYMN OR CANTICLE**

Come, let us sing to the Ho-ly One; *
let us shout for joy to the Rock of our sal-vation.
Let us come before God's presence with thanks-
giving,*

and raise a loud shout with *psalms*.
For you, O God, are a great God,*
you are great a-bove all gods.
In your hand are the caverns of the *earth*,*
and the heights of the hills are yours *also*.
The sea is yours, for you made it,*
and your hands have molded the dry *land*.
Come, let us bow down and bend the *knee*,*
and kneel before God, our Maker.

For you are our God,
and we are the people of your pasture
and the sheep of your hand.*
Oh, that today we would hearken to your *voice*!

[PSALM 95:1-7 (OSH PSALTER)]

+ **MORNING PRAYER**

The Holy One* be with you;
And also with you.

Let us pray:

Almighty and everlasting God,
in whom we live and move and have our being,
you created us for yourself, so that our hearts are
restless until they find rest in you. Grant to us such

piety of heart and strength of purpose that no selfish passion may hinder us from knowing your will, and no weakness from doing it. In your light may we see life clearly and in your service find perfect freedom; through Jesus Christ our Lord. Amen.

(THE BOOK OF WORSHIP 1965, ALT.)

+ Psalm 18: 1-19

A Psalm of David the servant of the LORD, who addressed the words of this song to the LORD on the day when the LORD delivered him from the hand of all his enemies, and from the hand of Saul.

Antiphon:

***I will call upon the Lord,
Who is worthy to be praised.***

- ¹ I love you, O LORD, my strength.
² The LORD is my rock, my fortress, and my deliverer,
my God, my rock in whom I take refuge,
my shield, and the horn of my salvation, my stronghold.
³ I call upon the LORD, who is worthy to be praised,
so I shall be saved from my enemies.

***I will call upon the Lord,
Who is worthy to be praised.***

- ⁴ The cords of death encompassed me;
the torrents of perdition assailed me;

- ⁵ the cords of Sheol entangled me;
the snares of death confronted me.
⁶ In my distress I called upon the LORD;
to my God I cried for help.
From his temple he heard my voice,
and my cry to him reached his ears.

***I will call upon the Lord,
Who is worthy to be praised.***

- ⁷ Then the earth reeled and rocked;
the foundations also of the mountains trembled
and quaked, because he was angry.
⁸ Smoke went up from his nostrils,
and devouring fire from his mouth;
glowing coals flamed forth from him.
⁹ He bowed the heavens, and came down;
thick darkness was under his feet.
¹⁰ He rode on a cherub, and flew;
he came swiftly upon the wings of the wind.
¹¹ He made darkness his covering around him,
his canopy thick clouds dark with water.
¹² Out of the brightness before him
there broke through his clouds
hailstones and coals of fire.
¹³ The LORD also thundered in the heavens,
and the Most High uttered his voice.
¹⁴ And he sent out his arrows, and scattered them;

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he flashed forth lightnings, and routed them.

¹⁵ Then the channels of the sea were seen,
and the foundations of the world were laid bare
at your rebuke, O LORD,
at the blast of the breath of your nostrils.

***I will call upon the Lord,
Who is worthy to be praised.***

¹⁶ He reached down from on high, he took me;
he drew me out of mighty waters.

¹⁷ He delivered me from my strong enemy,
and from those who hated me;
for they were too mighty for me.

¹⁸ They confronted me in the day of my calamity;
but the LORD was my support.

¹⁹ He brought me out into a broad place;
he delivered me, because he delighted in me.

Glory to you, O Trinity, most holy and *blessed*,
one God, now and for-ever, *A-men*.

***I will call upon the Lord,
Who is worthy to be praised.***

Silence

+ **WORD: Matthew 8:23-27** NRSV

²³ And when he got into the boat, his disciples followed him. ²⁴ A windstorm arose on the sea, so great that the boat was being swamped by the waves; but he was asleep. ²⁵ And they went and woke him up, saying, "Lord, save us! We are perishing!" ²⁶ And he said to them, "Why are you afraid, you of little faith?" Then he got up and rebuked the winds and the sea; and there was a dead calm. ²⁷ They were amazed, saying, "What sort of man is this, that even the winds and the sea obey him?"

Holy wisdom, holy word.

Thanks be to God!

+ SILENCE FOR REFLECTION

+ **CANTICLE OF ZECHARIAH**

We bless you, Adonai, God of *Israel*,
for you come to visit us and ransom us from *bondage*.
You have brought forth a strong *De-liverer*
in the house of your child *David*.

**This is what your holy prophets an-nounced:
deliverance from enemies**

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and from the hand of all who hate us;
mercy a-mong our *ancestors*,
and remembrance of your ho-ly covenant.

This is the promise you swore to our an-cestor, *Abraham*,
to make us un-a-fraid,
to rescue us from our *enemies*,
to serve before you, holy and just, all the days of our *lives*.

And this, my little child,
shall be called prophet of the Most *High*,
going before you, Adonai, to pre-pare your *paths*,
making your people know de-*liverance*
by the forgiveness of their *sins*.

[Unison]

Through your merciful compassions, God our *God*,
the dawn from on high shall *visit us*,
to shine on those kept in dungeons and the shadows of *death*
and to guide our feet onto the path of *peace*. [LUKE 1:68-79;OSL]

Glory to you, O Trinity, most holy and *blessed*,
one God, now and for-ever, *A-men*.

+ A READING FOR MEDITATION AND REFLECTION:

**“The will of God must first live in us,
if it is to be done by us.”**

Andrew Murray, Holy in Christ

Silent reflection

+ PRAYERS

The Holy One be with you,
and also with you.

Let us pray:

+ SILENT PRAYER

Requests known to you

+ PRAYER FOR RECOVERY OF SICKNESS

O God of heavenly powers, by the might of your command you drive away from our bodies all sickness and all infirmity: Be present in your goodness with those we lift today, that their weaknesses may be banished and their strength restored; and that with health being renewed, all may bless your holy Name; through Jesus Christ our Lord. ***Amen.***

[BOOK OF COMMON PRAYER] *adapted*

+ COLLECT OF THE WEEK

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. ***Amen.***

[BOOK OF COMMON PRAYER]

+ PRAYERS FOR PEACE AMONG THE NATIONS

Almighty God our heavenly Father, guide the nations of the world into the way of justice and truth, and establish among them that peace which is the fruit of righteousness, that they may become the kingdom of our Lord and Savior Jesus Christ. ***Amen.***

[BOOK OF COMMON PRAYER]

+ PRAYER FOR PROTECTION

Assist us mercifully, O Lord, in these our supplications and prayers, and dispose the way of *thy* servants towards the attainment of everlasting salvation; that, among all the changes and chances of this mortal life, they may ever be defended by *thy* gracious and ready help; through Jesus Christ our Lord. ***Amen.***

[BOOK OF COMMON PRAYER]

+ PRAYER ATTRIBUTED TO ST FRANCIS

Lord, make us instruments of your peace. Where there is hatred, let us sow love; where there is injury, pardon; where there is discord, union; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy. Grant that we may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. *Amen.*

[BOOK OF COMMON PRAYER]

+ **THE LORD'S PRAYER**

***Our Father in heaven, hallowed be your name,
your kingdom come,
your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin
against us. Save us from the time of trial
and deliver us from evil.
For the kingdom, the power, and the glory are yours
now and forever. Amen.***

+ **CONCLUDING PRAYER**

Lord God, almighty and everlasting Father,
You have brought us in safety to this new day:
preserve us with your mighty power,
that we may not fall into sin,
nor be overcome by adversity;
and in all we do direct us to the fulfilling of your purpose,
through Jesus Christ our Lord. Amen.

[BOOK OF COMMON PRAYER]

+ **BLESSING**

May the road rise to meet you,
may the wind be always at your back,
may the sun shine warm upon your face,
may the rains fall soft upon your fields,
and until we meet again,
may God hold you in the palm of his hand. **Amen.**

(TRADITIONAL GAELIC PRAYER)