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Saturday, August 22, 2020

+ **OPENING CALL TO PRAISE AND PRAYER**

O God, open our lips,
and our mouths shall proclaim your praise.

From the rising of the sun to its setting,
we praise your name, O God.

[ADAPTED FROM PSALM 51:15 AND 113:3]

+ **REMEMBRANCE OF BAPTISM**

(Water may be touched, poured or sprinkled.)

By Word and water God renews us this day
in the living fountain of God's grace,
and raises us with Christ Jesus to live
a new life in the Spirit.

**Satisfy us in the morning with your steadfast love,
O God, that we may sing for joy
and be glad all our days.**

[PSALM 90:14]

+ **MORNING HYMN OR CANTICLE**

Come, let us sing to the Ho-ly One; *
let us shout for joy to the Rock of our sal-vation.
Let us come before God's presence with thanks-giving,*
and raise a loud shout with *psalms*.

For you, O God, are a great God,*
you are great a-bove all gods.

In your hand are the caverns of the *earth*,*
and the heights of the hills are yours *also*.
The sea is yours, for you made it,*
and your hands have molded the dry *land*.
Come, let us bow down and bend the *knee*,*
and kneel before God, our Maker.

For you are our God,
and we are the people of your pasture
and the sheep of your hand.*
Oh, that today we would hearken to your voice!

[PSALM 95:1-7 (OSH PSALTER)]

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+MORNING PRAYER

The Holy One* be with you;

And also with you.

Let us pray:

Give us, O Lord, steadfast hearts, which no unworthy thought can drag downward, unconquered hearts, which no tribulation can wear out, upright hearts, which no unworthy purpose may tempt aside. Bestow upon us also, O Lord our God, understanding to know you, diligence to seek you, wisdom to find you, and a faithfulness that may finally embrace you; through Jesus Christ our Lord. Amen.

(SAINT THOMAS, ITALY, 13TH CENT., ALT.)

+ Psalm 138

Antiphon:

I sing your praise for steadfast love;

Fulfill your purpose for me.

¹ I give you thanks, O LORD, with my whole heart;
before the gods I sing your praise;

² I bow down toward your holy temple
and give thanks to your name for your steadfast love
and your faithfulness;

for you have exalted your name and your word
above everything.

³ On the day I called, you answered me,
you increased my strength of soul.

⁴ All the kings of the earth shall praise you, O LORD,
for they have heard the words of your mouth.

⁵ They shall sing of the ways of the LORD,
for great is the glory of the LORD.

⁶ For though the LORD is high, he regards the lowly;
but the haughty he perceives from far away.

⁷ Though I walk in the midst of trouble,
you preserve me against the wrath of my enemies;
you stretch out your hand,
and your right hand delivers me.

⁸ The LORD will fulfill his purpose for me;
your steadfast love, O LORD, endures forever.
Do not forsake the work of your hands.

Glory to you, O Trinity, most holy and *blessed*,
one God, now and for-ever, *A-men*.

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Antiphon:

***I sing your praise for steadfast love;
Fulfill your purpose for me.***

Silence

+ **WORD:** Matthew 16:5-12

⁵ When the disciples reached the other side, they had forgotten to bring any bread. ⁶ Jesus said to them, “Watch out, and beware of the yeast of the Pharisees and Sadducees.” ⁷ They said to one another, “It is because we have brought no bread.” ⁸ And becoming aware of it, Jesus said, “You of little faith, why are you talking about having no bread? ⁹ Do you still not perceive? Do you not remember the five loaves for the five thousand, and how many baskets you gathered? ¹⁰ Or the seven loaves for the four thousand, and how many baskets you gathered? ¹¹ How could you fail to perceive that I was not speaking about bread? Beware of the yeast of the Pharisees and Sadducees!” ¹² Then they understood that he had not told them to beware of the yeast of bread, but of the teaching of the Pharisees and Sadducees.

Holy wisdom, holy word.

Thanks be to God!

+SILENCE FOR REFLECTION

+ **CANTICLE OF ZECHARIAH**

We bless you, Adonai, God of *Israel*,
for you come to visit us and ransom us from *bondage*.
You have brought forth a strong *De-liverer*
in the house of your child *David*.

**This is what your holy prophets an-nounced:
deliverance from enemies
and from the hand of all who hate us;
mercy a-mong our *ancestors*,
and remembrance of your ho-ly *covenant*.**

This is the promise you swore to our an-cestor, *Abraham*,
to make us un-a-*fraid*,
to rescue us from our *enemies*,
to serve before you, holy and just,
all the days of our *lives*.

**And this, my little child,
shall be called prophet of the Most *High*,
going before you, Adonai, to pre-pare your *paths*,**

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making your people know de-liverance
by the forgiveness of their sins.

Through your merciful compassions, God our God,
the dawn from on high shall *visit us*,
to shine on those kept in dungeons and the shadows of death
and to guide our feet onto the path of peace.

[LUKE 1:68-79; TBE, ALT., OSL]

Glory to you, O Trinity, most holy and *blessed*,
one God, now and for-ever, *A-men*.

+ A READING FOR MEDITATION AND REFLECTION:

“The discipline of gratitude is the explicit effort to
acknowledge that all I am and have is given to me
as a gift of love, a gift to be celebrated with joy.

Henri J.M. Nouwen

Silent reflection

+ PRAYERS

The Holy One be with you,
and also with you.

Let us pray:

+ SILENT PRAYER

Requests known to you

+ FOR A SICK PERSON

O Father of mercies and God of all comfort, our only
help in time of need: We humbly beseech thee to
behold, visit, and relieve your sick servants for whom our
prayers are desired. Look upon them with the eyes of
your mercy; comfort them with a sense of your
goodness; preserve them from the temptations of the
enemy; and give them patience under their affliction. In
your good time, restore them to health, and enable them
to lead the residue of their lives in your fear, and to your
glory; and grant that finally they may dwell with you in life
everlasting; through Jesus Christ our Lord. *Amen.*

[BOOK OF COMMON PRAYER]

+ COLLECT OF THE WEEK

Almighty God, you have given your only Son to be for us
a sacrifice for sin, and also an example of godly life:

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Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. ***Amen.***

+ PRAYERS FOR SELF DEDICATION

Almighty and eternal God, so draw our hearts to you, so guide our minds, so fill our imaginations, so control our wills, that we may be wholly yours, utterly dedicated unto you; and then use us, we pray, as you will, and always to your glory and the welfare of your people; through our Lord and Savior Jesus Christ. *Amen.*

[BOOK OF COMMON PRAYER]

+ PRAYER FOR THE ABSENT

O God, whose fatherly care reaches to the uttermost parts of the earth: We humbly pray you graciously to behold and bless those whom we love, now absent from us. Defend them from all dangers of soul and body; and grant that both they and we, drawing nearer to you, may

be bound together by your love in the communion of your Holy Spirit, and in the fellowship of your saints; through Jesus Christ our Lord. *Amen.*

[BOOK OF COMMON PRAYER]

+ COLLECT FOR SATURDAYS

Almighty God, who after the creation of the world did rest from all your works and sanctify a day of rest for all your creatures: Grant that we, putting away all earthly anxieties, may be duly prepared for the service of your sanctuary, and that our rest here upon earth may be a preparation for the eternal rest promised to your people in heaven; through Jesus Christ our Lord. *Amen.*

[BOOK OF COMMON PRAYER]

+ THE LORD'S PRAYER

***Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done, on earth as in heaven.
Give us today our daily bread.***

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***Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power, and the glory are yours
now and forever. Amen.***

+ CONCLUDING PRAYER

Lord God, almighty and everlasting Father,
You have brought us in safety to this new day:
preserve us with your mighty power,
that we may not fall into sin,
nor be overcome by adversity;
and in all we do direct us to the fulfilling of your purpose,
through Jesus Christ our Lord. **Amen.**

[BOOK OF COMMON PRAYER]

+ BLESSING

May God grant that you may be strengthened in your
inner being with power through his Spirit, ¹⁷ and that
Christ may dwell in your hearts through faith, as you are
being rooted and grounded in love.

Ephesians 3:16-17