Saturday, August 1, 2020

+ OPENING CALL TO PRAISE AND PRAYER

O God, open our lips, and our mouths shall proclaim your praise. From the rising of the sun to its setting, we praise your name, O God.

[ADAPTED FROM PSALM 51:15 AND 113:3]

+ REMEMBRANCE OF BAPTISM

(Water may be touched, poured or sprinkled.) By Word and water God renews us this day in the living fountain of God's grace, and raises us with Christ Jesus to live a new life in the Spirit. Satisfy us in the morning with your steadfast love, O God, that we may sing for joy and be glad all our days. [PSALM 90:14]

+ MORNING HYMN OR CANTICLE

Come, let us sing to the <u>Ho</u>-ly *One*; * let us shout for joy to the Rock of <u>our</u> sal-*vation*. *Let us come before God's presence <u>with</u> thanks-giving,** and raise a loud <u>shout</u> with *psalms*. For you, O God, <u>are a</u> great *God*,* you are great a-<u>bove</u> all gods. In your hand are the <u>caverns</u> of the *earth*,* and the heights of the hills <u>are</u> yours also. *The sea is yours, for you made it,** and your hands have molded <u>the</u> dry *land*. Come, let us bow down and <u>bend</u> the *knee*,* *and kneel before <u>God</u>, our Maker*. For you are our God, and we are the people of your pasture *and the sheep <u>of</u> your hand.**

Oh, that today we would hearken to your voice! [PSALM 95:1-7 (OSH PSALTER)]

+MORNING PRAYER

The Holy One* be with you; And also with you.

Let us pray:

Give us, O Lord, steadfast hearts, which no unworthy thought can drag downward, unconquered hearts, which no tribulation can wear out, upright hearts, which no unworthy purpose may tempt aside. Bestow upon us also, O Lord our God, understanding to know you, diligence to seek you, wisdom to find you, and a faithfulness that may finally embrace you; through Jesus Christ our Lord. Amen.

(SAINT THOMAS, ITALY, 13TH CENT., ALT.)

+ Psalm 145:8-9, 14-21

Antiphon:

The Lord is near to all who <u>call</u> on him, to all who call on <u>him</u> in truth.

⁸ The LORD is gracious and <u>mer</u>-ci-ful, slow to anger and abounding in <u>stead</u>-fast *love*. ⁹ The LORD is good to all,

and his compassion is over all that he has made.

- ¹⁴ The LORD upholds all <u>who</u> are *falling*, and raises up all who <u>are</u> bowed *down*.
- ¹⁵ The eyes of all <u>look</u> to *you*, and you give them their food in due *season*.
- ¹⁶ You <u>open</u> your hand, satisfying the desire of every <u>liv</u>-ing thing.
- ¹⁷ The LORD is just in <u>all</u> his *ways*, and kind in <u>all</u> his *doings*.
- ¹⁸ The LORD is near to all who <u>call</u> on *him*, to all who call on <u>him</u> in *truth*.
- ¹⁹ He fulfills the desire of all <u>who</u> fear *him*; he also hears their cry, <u>and</u> saves *them*.
- ²⁰ The LORD watches over all <u>who</u> love *him*, but all the wicked he <u>will</u> des-*troy*.
- ²¹ My mouth will speak the praise <u>of</u> the LORD, and all flesh will bless his holy name forever <u>and</u> ev-er.

Glory to you, O Trinity, most <u>holy</u> and *blessed*, one God, now and for-<u>ever</u>, A-*men*.

Antiphon:

The Lord is near to all who call on him, to all who call on him in truth.

Silence

+ WORD: Matthew 7:7-11

⁷ "Ask, and it will be given you; search, and you will find; knock, and the door will be opened for you. ⁸ For everyone who asks receives, and everyone who searches finds, and for everyone who knocks, the door will be opened. ⁹ Is there anyone among you who, if your child asks for bread, will give a stone? ¹⁰ Or if the child asks for a fish, will give a snake? ¹¹ If you then, who are evil, know how to give good gifts to your children, how much more will your Father in heaven give good things to those who ask him!

Holy wisdom, holy word. Thanks be to God!

Here what the Spirit is saying:

A sharing of what the Spirit is saying to us individually

+SILENCE FOR REFLECTION

+ CANTICLE OF ZECHARIAH

We bless you, Adonai, <u>God</u> of *Israel*, for you come to visit us and ransom <u>us</u> from *bondage*. You have brought forth a <u>strong</u> De-*liverer* in the house of <u>your</u> child *David*.

This is what your holy prophets an-nounced: deliverance from enemies and from the hand of all who hate us; mercy a-mong our ancestors, and remembrance of your ho-ly covenant. This is the promise you swore to our an-cestor, Abraham, to make us un-a-fraid, to rescue us from our enemies, to serve before you, holy and just, all the days of our lives. And this, my little child, shall be called prophet of the Most High, going before you, Adonai, to pre-pare your paths, making your people know de-liverance by the forgiveness of their sins. Through your merciful compassions, God our God, the dawn from on high shall visit us,

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to shine on those kept in dungeons and the <u>shadows</u> of *death* and to guide our feet onto the <u>path of peace</u>. [LUKE 1:68-79; TBE, ALT., OSL]

Glory to you, O Trinity, most <u>holy</u> and *blessed*, one God, now and for-<u>ever</u>, A-*men*.

+ A READING FOR MEDITATION AND REFLECTION:

"Much violence is based on the illusion that life is a property to be defended and not to be shared." Henri J.M. Nouwen

Silent reflection

+ PRAYERS

The Holy One be with you, *and also with you.* Let us pray:

+ SILENT PRAYER

Requests known to you

+ FOR A SICK PERSON

O Father of mercies and God of all comfort, our only help in time of need: We humbly beseech thee to behold, visit, and relieve your sick servants for whom our prayers are desired. Look upon them with the eyes of your mercy; comfort them with a sense of your goodness; preserve them from the temptations of the enemy; and give them patience under their affliction. In your good time, restore them to health, and enable them to lead the residue of their lives in your fear, and to your glory; and grant that finally they may dwell with you in life everlasting; through Jesus Christ our Lord. *Amen.* [BOOK OF COMMON PRAYER]

+ COLLECT OF THE WEEK

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: Increase and multiply upon us your mercy; that, with you as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

+ PRAYERS FOR SELF DEDICATION

Almighty and eternal God, so draw our hearts to you, so guide our minds, so fill our imaginations, so control our wills, that we may be wholly yours, utterly dedicated unto you; and then use us, we pray, as you will, and always to your glory and the welfare of your people; through our Lord and Savior Jesus Christ. *Amen.*

[BOOK OF COMMON PRAYER]

+ PRAYER FOR THE ABSENT

O God, whose fatherly care reaches to the uttermost parts of the earth: We humbly pray you graciously to behold and bless those whom we love, now absent from us. Defend them from all dangers of soul and body; and grant that both they and we, drawing nearer to you, may be bound together by your love in the communion of your Holy Spirit, and in the fellowship of your saints; through Jesus Christ our Lord. *Amen.*

[BOOK OF COMMON PRAYER]

+ COLLECT FOR SATURDAYS

Almighty God, who after the creation of the world didst rest from all thy works and sanctify a day of rest for all thy creatures: Grant that we, putting away all earthly anxieties, may be duly prepared for the service of thy sanctuary, and that our rest here upon earth may be a preparation for the eternal rest promised to thy people in heaven; through Jesus Christ our Lord. *Amen.*

[BOOK OF COMMON PRAYER]

+ THE LORD'S PRAYER

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen.

+ CONCLUDING PRAYER

Lord God, almighty and everlasting Father, You have brought us in safety to this new day: preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do direct us to the fulfilling of your purpose, through Jesus Christ our Lord. *Amen*.

[BOOK OF COMMON PRAYER]

+ BLESSING

May God grant that you may be strengthened in your inner being with power through his Spirit, ¹⁷ and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love.

Ephesians 3:16-17