Friday, August 21, 2020

+ OPENING CALL TO PRAISE AND PRAYER

O God, open our lips, and our mouths shall proclaim your praise.

From the rising of the sun to its setting,

we praise your name, O God.

[ADAPTED FROM PSALM 51:15 AND 113:3]

+ REMEMBRANCE OF BAPTISM

(Water may be touched, poured or sprinkled.)

By Word and water God renews us this day in the living fountain of God's grace, and raises us with Christ Jesus to live a new life in the Spirit.

Satisfy us in the morning with your steadfast love,
O God, that we may sing for joy
and be glad all our days. [PSALM 90:14]

+ MORNING HYMN OR CANTICLE

Come, let us sing to the <u>Ho</u>-ly *One*; * let us shout for joy to the Rock of <u>our</u> sal-*vation*.

Let us come before God's presence with thanks-giving,*

and raise a loud shout with psalms.

For you, O God, are a great God,*

you are great a-bove all gods.

In your hand are the <u>caverns</u> of the *earth*,* and the heights of the hills are yours *also*.

The sea is yours, <u>for</u> you *made it*,* and your hands have molded <u>the</u> dry *land*.

Come, let us bow down and <u>bend</u> the *knee*,* and kneel before God, our *Maker*.

For you are our God,
and we are the people of your pasture
and the sheep of your hand.*

Oh, that today we would hearken to your voice!

[PSALM 95:1-7 (OSH PSALTER)]

+MORNING PRAYER

The Holy One* be with you;

And also with you.

Let us pray:

Dawn from on high,

Your light illumines all our days.

Awaken us to your visitations throughout this day.

Be merciful in us for the sake of others.

Make us fearless when confronting injustice and need, that we may give you glory in the power of the Spirit. Amen. [DTB]

+ Psalm 138

Antiphon:

I sing your praise for steadfast love; Fulfill your purpose for me.

- ¹ I give you thanks, O LORD, with my whole heart; before the gods I sing your praise;
- ² I bow down toward your holy temple and give thanks to your name for your steadfast love and your faithfulness;

for you have exalted your name and your word

above everything.

- ³ On the day I called, you answered me, you increased my strength of soul.
- ⁴ All the kings of the earth shall praise you, O LORD, for they have heard the words of your mouth.
- ⁵ They shall sing of the ways of the LORD, for great is the glory of the LORD.
- ⁶ For though the LORD is high, he regards the lowly; but the haughty he perceives from far away.
- ⁷ Though I walk in the midst of trouble, you preserve me against the wrath of my enemies; you stretch out your hand,

and your right hand delivers me.

⁸ The LORD will fulfill his purpose for me; your steadfast love, O LORD, endures forever. Do not forsake the work of your hands.

Glory to you, O Trinity, most holy and blessed, one God, now and for-ever, A-men.

Antiphon:

I sing your praise for steadfast love; Fulfill your purpose for me.

+ WORD: 2 Corinthians 10:12-18

¹² We do not dare to classify or compare ourselves with some of those who commend themselves. But when they measure themselves by one another, and compare themselves with one another, they do not show good sense.

¹³ We, however, will not boast beyond limits, but will keep within the field that God has assigned to us, to reach out even as far as you.

¹⁴ For we were not overstepping our limits when we reached you; we were the first to come all the way to you with the good news of Christ.

¹⁵ We do not boast beyond limits, that is, in the labors of others; but our hope is that, as your faith increases, our sphere of action among you may be greatly enlarged, ¹⁶ so that we may proclaim the good news in lands beyond you, without boasting of work already done in someone else's sphere of action.

¹⁷ "Let the one who boasts, boast in the Lord."

¹⁸ For it is not those who commend themselves that are approved, but those whom the Lord commends.

Holy wisdom, holy word.

Thanks be to God!

+SILENCE FOR REFLECTION

+ CANTICLE OF ZECHARIAH

We bless you, Adonai, <u>God</u> of *Israel*, for you come to visit us and ransom <u>us</u> from *bondage*. You have brought forth a <u>strong</u> De-*liverer* in the house of <u>your</u> child *David*.

This is what your holy <u>prophets</u> an-nounced: deliverance from enemies and from the hand of <u>all</u> who hate *us*; mercy a-mong our *ancestors*, and remembrance of your <u>ho</u>-ly *covenant*.

This is the promise you swore to our <u>an</u>-cestor, *Abraham*, to make us <u>un</u>-a-*fraid*,

to rescue us from our enemies,

to serve before you, holy and just, all the days of our lives.

And this, my little child,

shall be called prophet of the Most High, going before you, Adonai, to pre-pare your paths, making your people know de-liverance by the forgiveness of their sins.

[LUKE 1:68-79; TBE, ALT., OSL]

Glory to you, O Trinity, most <u>holy</u> and *blessed*, one God, now and for-ever, A-*men*.

+ A READING FOR MEDITATION AND REFLECTION:

"We can only learn to know ourselves and do what we can - namely, surrender our will and fulfill God's will in us."

Teresa of Avila

Silent reflection

+ PRAYERS

The Holy One be with you, and also with you.

Let us pray:

+ SILENT PRAYER

+ PRAYER FOR RECOVERY OF SICKNESS

O God, the strength of the weak and the comfort of sufferers: Mercifully accept our prayers, and grant to those we pray for this day, the help of your power, that their sickness may be turned into health, and our sorrow into joy; through Jesus Christ our Lord. *Amen.*

+ COLLECT OF THE WEEK

Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. *Amen.*

[BOOK OF COMMON PRAYER]

+ PRAYERS FOR AGRICULTURE

Almighty God, we thank you for making the earth fruitful, so that it might produce what is needed for life:

Bless those who work in the fields; give us seasonable weather; and grant that we may all share the fruits of the earth, rejoicing in your goodness; through Jesus Christ our Lord. *Amen.*

[BOOK OF COMMON PRAYER]

+ PRAYER FOR Those in the Armed Forces

Almighty God, we commend to your gracious care and keeping all the men and women of our armed forces at home and abroad. Defend them day by day with your heavenly grace; strengthen them in their trials and temptations; give them courage to face the perils which beset them; and grant them a sense of your abiding presence wherever they may be; through Jesus Christ our Lord. *Amen.*

[BOOK OF COMMON PRAYER]

+ COLLECT FOR FRIDAYS

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord. *Amen.*

+ THE LORD'S PRAYER

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power, and the glory are yours
now and forever. Amen.

+ CONCLUDING PRAYER

Lord God, almighty and everlasting Father,
You have brought us in safety to this new day:
preserve us with your mighty power,
that we may not fall into sin,
nor be overcome by adversity;
and in all we do direct us to the fulfilling of your purpose,
through Jesus Christ our Lord. *Amen*.

[BOOK OF COMMON PRAYER]

+ BLESSING

God be in your head, and in your understanding.

God be in your eyes, and in your looking.

God be in your mouth, and in your speaking.

God be in your heart, and in your thinking.

God be at your end, and at your departing.

(SARUM LITURGY, ENGLAND, 13TH CENT., ALT.)