

7/30/20

Thursday, July 30, 2020

+ **OPENING CALL TO PRAISE AND PRAYER**

O God, open our lips,  
***and our mouths shall proclaim your praise.***  
From the rising of the sun to its setting,  
***we praise your name, O God.***

[ADAPTED FROM PSALM 51:15 AND 113:3]

+ **REMEMBRANCE OF BAPTISM**

(Water may be touched, poured or sprinkled.)

By Word and water God renews us this day  
in the living fountain of God's grace,  
and raises us with Christ Jesus  
to live a new life in the Spirit.  
***Satisfy us in the morning***  
***with your steadfast love, O God,***  
***that we may sing for joy and be glad all our days.***

[PSALM 90:14]

+ **MORNING HYMN OR CANTICLE**

Come, let us sing to the Ho-ly One; \*  
let us shout for joy to the Rock of our sal-vation.  
Let us come before God's presence with thanks-giving,\*  
and raise a loud shout with *psalms*.

For you, O God, are a great God,\*  
you are great a-bove all *gods*.  
In your hand are the caverns of the *earth*,\*  
and the heights of the hills are yours also.  
The sea is yours, for you *made it*,\*  
and your hands have molded the dry land.  
Come, let us bow down and bend the *knee*,\*  
and kneel before God, our *Maker*.

For you are our God,  
and we are the people of your pasture  
and the sheep of your *hand*.\*  
Oh, that today we would hearken to your *voice*!

[PSALM 95:1-7 (OSH PSALTER)]

+**MORNING PRAYER**

The Holy One\* be with you;  
***And also with you.***

Let us pray:

We give you hearty thanks for the rest of the past night  
and for the gift of a new day, with its opportunities of  
pleasing you. Grant that we may so pass its hours in the  
perfect freedom of your service, that at eventide we may  
again give thanks unto you. ***Amen.*** [UM Book of Worship]

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**+ Psalm 145:8-9, 14-21**

Antiphon:

***The Lord is near to all who call on him,  
to all who call on him in truth.***

- <sup>8</sup> The LORD is gracious and mer-ci-ful,  
slow to anger and abounding in stead-fast love.
- <sup>9</sup> The LORD is good to all,  
and his compassion is over all that he has made.
- <sup>14</sup> The LORD upholds all who are falling,  
and raises up all who are bowed down.
- <sup>15</sup> The eyes of all look to you,  
and you give them their food in due season.
- <sup>16</sup> You open your hand,  
satisfying the desire of every liv-ing thing.
- <sup>17</sup> The LORD is just in all his ways,  
and kind in all his doings.
- <sup>18</sup> The LORD is near to all who call on him,  
to all who call on him in truth.
- <sup>19</sup> He fulfills the desire of all who fear him;  
he also hears their cry, and saves them.
- <sup>20</sup> The LORD watches over all who love him,  
but all the wicked he will des-troy.
- <sup>21</sup> My mouth will speak the praise of the LORD,  
and all flesh will bless his holy name forever and ev-er.

Glory to you, O Trinity, most holy and *blessed*,  
one God, now and for-ever, A-men.

Antiphon:

***The Lord is near to all who call on him,  
to all who call on him in truth.***

Silence

+ WORD: Philippians 4:10-15 NRSV

<sup>10</sup> I rejoice in the Lord greatly that now at last you have revived your concern for me; indeed, you were concerned for me, but had no opportunity to show it. <sup>11</sup> Not that I am referring to being in need; for I have learned to be content with whatever I have. <sup>12</sup> I know what it is to have little, and I know what it is to have plenty. In any and all circumstances I have learned the secret of being well-fed and of going hungry, of having plenty and of being in need. <sup>13</sup> I can do all things through him who strengthens me. <sup>14</sup> In any case, it was kind of you to share my distress. <sup>15</sup> You Philippians indeed know that in the early days of the gospel, when I left Macedonia, no church shared with me in the matter of giving and receiving, except you alone.

Holy wisdom, holy word.

***Thanks be to God!***

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+ SILENCE FOR REFLECTION

+ **CANTICLE OF ZECHARIAH**

We bless you, Adonai, God of *Israel*,  
for you come to visit us and ransom us from *bondage*.  
You have brought forth a strong *De-liverer*  
in the house of your child *David*.

**This is what your holy prophets an-nounced:  
deliverance from enemies  
and from the hand of all who hate *us*;  
mercy a-mong our *ancestors*,  
and remembrance of your ho-ly *covenant*.**

This is the promise you swore to our an-cestor, *Abraham*,  
to make us un-a-fraid,  
to rescue us from our *enemies*,  
to serve before you, holy and just, all the days of our *lives*.

**And this, my little child,  
shall be called prophet of the Most *High*,  
going before you, Adonai, to pre-pare your *paths*,  
making your people know *de-liverance*  
by the forgiveness of their *sins*.**

[Unison]

Through your merciful compassions, God our *God*,

the dawn from on high shall *visit us*,  
to shine on those kept in dungeons and the shadows of *death*  
and to guide our feet onto the path of *peace*. [LUKE 1:68-79;OSL]

Glory to you, O Trinity, most holy and *blessed*,  
one God, now and for-ever, *A-men*.

+ **A READING FOR MEDITATION AND REFLECTION:**

“One given to anger stirs up strife,  
and the hothead causes much transgression.”

*Proverbs 29:22*

Silent reflection

+ **PRAYERS**

The Holy One be with you,  
***and also with you.***

Let us pray:

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+ SILENT PRAYER

Requests known to you

+ FOR HEALTH OF BODY AND SOUL

For those we have lifted up today, may God the Father bless you, God the Son heal you, God the Holy Spirit give you strength. May God the holy and undivided Trinity guard your body, save your soul, and bring you safely to his heavenly country; where he lives and reigns for ever and ever. **Amen.**

+ COLLECT OF THE WEEK

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: Increase and multiply upon us your mercy; that, with you as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

[BOOK OF COMMON PRAYER]

+ PRAYERS FOR THE UNEMPLOYED

Heavenly Father, we remember before you those who suffer want and anxiety from lack of work. Guide the people of this land so to use our public and private wealth that all may find suitable and fulfilling employment, and receive just payment for their labor; through Jesus Christ our Lord. **Amen.**

[BOOK OF COMMON PRAYER]

+ PRAYER FOR GUIDANCE

Direct us, O Lord, in all our doings with your most gracious favor, and further us with your continual help; that in all our works begun, continued, and ended in you, we may glorify your holy Name, and finally, by your mercy, obtain everlasting life; through Jesus Christ our Lord. **Amen.**

[BOOK OF COMMON PRAYER]

+ PRAYERS FOR OUR ENEMIES

O God, the Father of all, whose Son commanded us to love our enemies: Lead them and us from prejudice to truth: deliver them and us from hatred, cruelty, and revenge; and in your good time enable us all to stand reconciled before you, through Jesus Christ our Lord.

**Amen.**

[BOOK OF COMMON PRAYER]

+ THE LORD'S PRAYER

***Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and forever. Amen.***

+ CONCLUDING PRAYER

Lord God, almighty and everlasting Father,  
You have brought us in safety to this new day:  
preserve us with your mighty power,  
that we may not fall into sin,  
nor be overcome by adversity;  
and in all we do direct us to the fulfilling of your purpose,  
through Jesus Christ our Lord. Amen.

[BOOK OF COMMON PRAYER]

+ BLESSING

Before us it is blessed, behind us it is blessed,  
below us it is blessed, above us it is blessed,  
around us it is blessed as we set out with Christ.  
Our speech is blessed as we set out for God.  
With beauty before us, with beauty behind us,  
with beauty below us, with beauty above us,  
with beauty around us, we set out for a holy place  
indeed. **Amen.**

(TRADITIONAL NAVAHO PRAYER, ALT.)