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Friday, July 31, 2020

+ **OPENING CALL TO PRAISE AND PRAYER**

O God, open our lips,

and our mouths shall proclaim your praise.

From the rising of the sun to its setting,

we praise your name, O God.

[ADAPTED FROM PSALM 51:15 AND 113:3]

+ **REMEMBRANCE OF BAPTISM**

(Water may be touched, poured or sprinkled.)

By Word and water God renews us this day

in the living fountain of God's grace,

and raises us with Christ Jesus to live

a new life in the Spirit.

Satisfy us in the morning with your steadfast love,

O God, that we may sing for joy

and be glad all our days.

[PSALM 90:14]

+ **MORNING HYMN OR CANTICLE**

Come, let us sing to the Ho-ly One; *

let us shout for joy to the Rock of our sal-*vation*.

Let us come before God's presence with thanks-*giving*,*
and raise a loud shout with *psalms*.

For you, O God, are a great God,*

you are great a-bove all *gods*.

In your hand are the caverns of the *earth*,*

and the heights of the hills are yours *also*.

The sea is yours, for you *made it*,*

and your hands have molded the dry *land*.

Come, let us bow down and bend the *knee*,*

and kneel before God, our *Maker*.

For you are our God,

and we are the people of your pasture

and the sheep of your *hand*.*

Oh, that today we would hearken to your *voice*!

[PSALM 95:1-7 (OSH PSALTER)]

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+MORNING PRAYER

The Holy One* be with you;

And also with you.

Let us pray:

Dawn from on high,

Your light illumines all our days.

Awaken us to your visitations throughout this day.

Be merciful in us for the sake of others.

Make us fearless when confronting injustice and need,
that we may give you glory in the power of the Spirit.

Amen.

[DTB]

+ Psalm 145:8-9, 14-21

Antiphon:

***The Lord is near to all who call on him,
to all who call on him in truth.***

⁸ The LORD is gracious and mer-ci-ful,
slow to anger and abounding in stead-fast love.

⁹ The LORD is good to all,
and his compassion is over all that he has made.

¹⁴ The LORD upholds all who are *falling*,
and raises up all who are bowed down.

¹⁵ The eyes of all look to you,
and you give them their food in due season.

¹⁶ You open your hand,
satisfying the desire of every liv-ing thing.

¹⁷ The LORD is just in all his ways,
and kind in all his doings.

¹⁸ The LORD is near to all who call on him,
to all who call on him in truth.

¹⁹ He fulfills the desire of all who fear him;
he also hears their cry, and saves them.

²⁰ The LORD watches over all who love him,
but all the wicked he will des-troy.

²¹ My mouth will speak the praise of the LORD,
and all flesh will bless his holy name forever and ev-er.

Glory to you, O Trinity, most holy and *blessed*,
one God, now and for-ever, A-men.

Antiphon:

***The Lord is near to all who call on him,
to all who call on him in truth.***

Silence

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+ WORD: Romans 9:

⁶ It is not as though the word of God had failed. For not all Israelites truly belong to Israel, ⁷ and not all of Abraham's children are his true descendants; but "It is through Isaac that descendants shall be named for you." ⁸ This means that it is not the children of the flesh who are the children of God, but the children of the promise are counted as descendants. ⁹ For this is what the promise said, "About this time I will return and Sarah shall have a son." ¹⁰ Nor is that all; something similar happened to Rebecca when she had conceived children by one husband, our ancestor Isaac. ¹¹ Even before they had been born or had done anything good or bad (so that God's purpose of election might continue, ¹² not by works but by his call) she was told, "The elder shall serve the younger." ¹³ As it is written, "I have loved Jacob, but I have hated Esau."

Holy wisdom, holy word.

Thanks be to God!

Here what the Spirit is saying:

A sharing of what the Spirit is saying to us individually

+SILENCE FOR REFLECTION

+ CANTICLE OF ZECHARIAH

We bless you, Adonai, God of *Israel*,
for you come to visit us and ransom us from *bondage*.
You have brought forth a strong *De-liverer*
in the house of your child *David*.

**This is what your holy prophets an-nounced:
deliverance from enemies
and from the hand of all who hate us;
mercy a-mong our *ancestors*,
and remembrance of your ho-ly *covenant*.**

This is the promise you swore to our an-cestor, *Abraham*,
to make us un-a-*fraid*,
to rescue us from our *enemies*,
to serve before you, holy and just,
all the days of our *lives*.

**And this, my little child,
shall be called prophet of the Most *High*,
going before you, Adonai, to pre-pare your *paths*,
making your people know *de-liverance*
by the forgiveness of their *sins*.**

Through your merciful compassions, God our *God*,
the dawn from on high shall *visit us*,

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to shine on those kept in dungeons and the shadows of death
and to guide our feet onto the path of peace.

[LUKE 1:68-79; TBE, ALT., OSL]

Glory to you, O Trinity, most holy and *blessed*,
one God, now and for-ever, *A-men*.

+ **A READING FOR MEDITATION AND REFLECTION:**

“More tears are shed over answered
prayers than unanswered ones.”

Teresa of Avila

Silent reflection

+ **PRAYERS**

The Holy One be with you,
and also with you.

Let us pray:

+ SILENT PRAYER

Requests known to you

+ PRAYER FOR RECOVERY OF SICKNESS

O God, the strength of the weak and the comfort of
sufferers: Mercifully accept our prayers, and grant to
those we pray for this day, the help of your power, that
their sickness may be turned into health, and our sorrow
into joy; through Jesus Christ our Lord. *Amen*.

+ COLLECT OF THE WEEK

O God, the protector of all who trust in you, without
whom nothing is strong, nothing is holy: Increase and
multiply upon us your mercy; that, with you as our ruler
and guide, we may so pass through things temporal, that
we lose not the things eternal; through Jesus Christ our
Lord, who lives and reigns with you and the Holy Spirit,
one God, for ever and ever. ***Amen.***

[BOOK OF COMMON PRAYER]

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+ PRAYERS FOR AGRICULTURE

Almighty God, we thank you for making the earth fruitful, so that it might produce what is needed for life:

Bless those who work in the fields; give us seasonable weather; and grant that we may all share the fruits of the earth, rejoicing in your goodness; through Jesus Christ our Lord. **Amen.**

[BOOK OF COMMON PRAYER]

+ PRAYER FOR Those in the Armed Forces

Almighty God, we commend to your gracious care and keeping all the men and women of our armed forces at home and abroad. Defend them day by day with your heavenly grace; strengthen them in their trials and temptations; give them courage to face the perils which beset them; and grant them a sense of your abiding presence wherever they may be; through Jesus Christ our Lord. **Amen.**

[BOOK OF COMMON PRAYER]

+ COLLECT FOR FRIDAYS

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord. **Amen.**

[BOOK OF COMMON PRAYER]

+ THE LORD'S PRAYER

***Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power, and the glory are yours
now and forever. Amen.***

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+ CONCLUDING PRAYER

Lord God, almighty and everlasting Father,
You have brought us in safety to this new day:
preserve us with your mighty power,
that we may not fall into sin,
nor be overcome by adversity;
and in all we do direct us to the fulfilling of your purpose,
through Jesus Christ our Lord. **Amen.**

[BOOK OF COMMON PRAYER]

+ BLESSING

God be in your head, and in your understanding.
God be in your eyes, and in your looking.
God be in your mouth, and in your speaking.
God be in your heart, and in your thinking.
God be at your end, and at your departing.

(SARUM LITURGY, ENGLAND, 13TH CENT., ALT.)